

# SWIMMING ESSENTIALS



Prepare for the best season ever! Review this checklist with your sales rep to ensure nothing is overlooked. **Bold items can be customized.**

## UNIFORMS

- Briefs
- Jammers
- One-Piece Swimsuits
- Team Parkas

## COACHING STAFF APPAREL

- 1/4 Zip Pullovers
- Bags
- Hats/Visors
- Hoodies
- Jackets
- Pants
- Polos
- Shorts
- T-Shirts
- Shoes
- Socks

## TRAINING APPAREL

- Briefs
- Jammers
- One-Piece Swimsuits
- T-Shirts
- Shorts
- Shoes
- Socks

## TRAVEL APPAREL

- Team Bags
- Team Hats/Visors
- Team Knit Hats
- Warm-Up Jackets
- Warm-Up Pants
- Team Slides

## ATHLETE EQUIPMENT

- Swim Caps
- Team Towels
- Earplugs
- Nose Plugs/Clips
- Swim Goggles

## COACHING STAFF EQUIPMENT

- Clipboard
- Lanyards
- Diving Score Sheets
- Meet Line-Up Sheets
- Stopwatch
- Whistles



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## SPORT EQUIPMENT

- Chairs**
- Storage Containers**
- Tables**
- Ankle Bands
- Backstroke Flags
- Blocks
- Diving Flash Cards
- Finger Paddles
- Fins
- Hand Paddles
- Jump Ropes
- Kickboards
- Lane Timer Sheets
- Lane Ropes
- Lap Counters
- Noodles
- P.A. System
- Pull Buoys
- Shammy/Chamois
- Snorkels

## SPORT MED EQUIPMENT

- Adhesive Bandages
- Alcohol Prep Pads
- Antiseptic Towelettes
- Athletic Tape
- Braces & Splints
- Cold & Hot Packs
- Disinfectant
- Elastic Bandages
- First Aid Kit & Refill
- First Aid Tape
- Gauze Pads & Sponges
- Gloves
- Heart Rate Monitors
- Pre-Wrap
- Tape Cutter
- Trainer Bag

## HYDRATION EQUIPMENT

- Drink Station**
- Towels**
- Water Coolers**
- Cooling Fans
- Cups
- Gatorade
- Heat Index Meter
- Water Bottles & Carriers

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