# TRACK & FIELD / XC ESSENTIALS



Prepare for the best season ever! Review this checklist with your sales rep to ensure nothing is overlooked. Bold items can be customized.

### UNIFORMS

- O Arm Sleeves
- O Briefs
- Compression Shirts
- Compression Shorts
- C Leggings
- O Shorts
- O Singlets

- Team Hats
- O Team Visors
- O Unitards
- O Sports Bras
- Team Shoes/Spikes
- O Team Socks

# COACHING STAFF APPAREL

- O 1/4 Zip Pullovers
- Bags
- Hats/Visors
- O Hoodies
- O Jackets
- **O** Pants

- PolosShorts
- O T-Shirts
- O Shoes
- O Socks
- O SOCKS
- Sunglasses

# TRAINING APPAREL

- O Hoodies
- O Pants
- O Shorts
- O T-Shirts
- O Compression Shorts
- O Compression Shirts
- O Sports Bras
- O Socks

## TRAVEL APPAREL

- Team Bags
- O Team Hats/Visors
- Team Knit Hats
- O Warm-Up Jackets
- O Warm-Up Pants
- Team Slides

# HYDRATION EQUIPMENT

- O Drink Station
- O Towels
- O Water Coolers
- O Cooling Fans
- O Cups
- O Gatorade
- O Heat Index Meter
- Water Bottles & Carriers

# COACHING STAFF EQUIPMENT

- O Clipboard
- C Lanyards
- O Scorebook
- StopwatchWhistles
- VVnistles

# SPORT MED EQUIPMENT

- Adhesive Bandages
- O Alcohol Prep Pads
- O Antiseptic Towelettes
- O Athletic Tape
- O Braces & Splints
- O Cold & Hot Packs
- O Disinfectant
- O Elastic Bandages
- O First Aid Kit & Refill
- O First Aid Tape
- O Gauze Pads & Sponges
- O Gloves

- O Heart Rate Monitors
- O Pre-Wrap
- O Tape Cutter
- O Trainer Bag



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# SPORT EQUIPMENT

#### **CROSS COUNTRY**

- O Chute Posts
- O Chute Rope & Pennants
- O Cone Markers

#### DISCUS

- **O** Distance Markers
- O Athlete Throwing Shoes
- O Discus
- O Discus Cage
- O Discus Carriers
- O Discus Throwing Circle

#### **HIGH JUMP**

- O Mats
- O Standards
- O Weather Cover
- O Athlete Jumping Spikes
- O Crossbars
- O Measuring Device
- O Pit
- O Platforms

#### LONG JUMP

- O Distance Markers
- O Pit Cover
- Athlete Jumping Spikes
- O Landing Pit
- O Measuring Device
- O Pit Rakes
- O Pit Shovels
- Take-Off System

### POLE VAULTING

- Pole Carrying Bag
- O Athlete Spikes
- O Measuring Devices

#### Pit Area:

- O Base Pads
- Protective Padding
- Standards
- Weather Cover
- O Crossbars & Bar
- O Lifter Extenders
- O Pit
- Vault Box & Safety Mat
- O Pole Grip Tape
- O Poles
- O Pole Tips
- O Pole Tree
- O Runways

#### TRACK

- O Hurdle Gate Tubes
- Hurdles
- O Track Protector
- Athlete Distance Spikes
- O Athlete Sprint Spikes
- O Hurdle Cart/Dolly
- O Lane Markers
- O Relay Batons
- O Spike Wrenches
- Starting Block Cart
- O Starting Blocks
- O Starters Equipment

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#### SHOT PUT

- O Athlete Throwing Shoes
- O Measuring Device
- Shots (Indoor & Outdoor)
- O Shot Cage
- O Shot Carriers
- O Shot Circle
- O Shot Stopper
- O Throwing Platform
- Toe Boards

#### **GENERAL EQUIPMENT**

- O Judges Stand
- O Portable Benches/Seating Tents
- O Chalk
- O Chalk Stand
- Competitor Numbers
- O Lane Timer
- O Lap Counter with Bell
- O Laundry Bag
- O Meet Timer/Printer
- O Performance Indicator
- O Safety Pins

### TRAINING EQUIPMENT

- O Plyo Boxes
- O Agility Ladders
- O Bands
- Foam Rollers
- O Jump Box
- O Jump Ropes
- O Kettlebells
- O Medicine Balls
- O Resistance Chutes
- O Resistance Straps

ALL T SPORTS

- O Ropes
- O Sprint Sled
- O Step Hurdles